



Free Pre-Season Varsity & Junior Varsity Football Medical Physicals

Saturday, August 9, 2014
8:00am to 3:00pm

HSS Sports Rehabilitation & Performance Center
525 East 71st Street New York, NY 10021

Player evaluations and screenings* include:

- Medical History and Screening
- Cardiovascular Screening
- Orthopedic Screening
- Flexibility Testing
- Lower Abdominal Strength Testing
- Lower Extremity Power Testing (Broad Jump)
- Balance/Concussion Management Testing
- Body Fat % Measurement
- Posture Assessment
- Isokinetic Testing (previous injuries as necessary)

** Performed by Combine Staff of Primary Care Physicians, Orthopedic Surgeons, Pediatricians, Certified Athletic Trainers, Physical Therapists, Exercise Physiologists and Registered Nurses*

Participation is FREE but pre-registration is required.

For more information or to register
contact John Cavanaugh at

hssmedicalcombine@hss.edu

