



# Free Pre-Season Varsity & Junior Varsity Football Medical Physicals

**Saturday, August 1, 2015**  
8:00am to 3:00pm

HSS Sports Rehabilitation & Performance Center  
525 East 71<sup>st</sup> Street New York, NY 10021

## Player evaluations and screenings\* include:

- Medical History and Screening
- Cardiovascular Screening
- Orthopedic Screening
- Flexibility Testing
- Lower Abdominal Strength Testing
- Lower Extremity Power Testing (Broad Jump)
- Balance/Concussion Management Testing
- Body Fat % Measurement
- Posture Assessment
- Isokinetic Testing (previous injuries as necessary)

*\* Performed by Combine Staff of Primary Care Physicians, Orthopedic Surgeons, Pediatricians, Certified Athletic Trainers, Physical Therapists, Exercise Physiologists and Registered Nurses*

**Participation is FREE but pre-registration is required.**

For more information or to register  
contact John Cavanaugh at

[hssmedicalcombine@hss.edu](mailto:hssmedicalcombine@hss.edu)

