

## Free Pre-Season Varsity & Junior Varsity Football Medical Physicals

Saturday, May 20, 2017

7:30am to 4:30pm

HSS Sports Rehabilitation & Performance Center 525 East 71<sup>st</sup> Street New York, NY 10021

## Player evaluations and screenings\* include:

- Medical History and Screening
- Cardiovascular Screening
- Orthopedic Screening
- Flexibility Testing
- Lower Abdominal Strength Testing
- Lower Extremity Power Testing (Broad Jump)
- Balance/Concussion Management Testing
- Body Fat % Measurement
- Posture Assessment
- Isokinetic Testing (previous injuries as necessary)



For more information or to register contact John Cavanaugh at <a href="mailto:hssmedicalcombine@hss.edu">hssmedicalcombine@hss.edu</a>







<sup>\*</sup> Performed by Combine Staff of Primary Care Physicians, Orthopedic Surgeons, Pediatricians, Certified Athletic Trainers, Physical Therapists, Exercise Physiologists and Registered Nurses