



2014-2015 WINTER CLINICS

CityLax Contact:

Jelani Day, Director of Operations & Marketing
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PSAL lacrosse players and coaches,

Starting on the weekend of **December 6th-7th**, we will be hosting our winter clinics for the 9th consecutive year at one of our partner schools in each of the five boroughs. All PSAL boys and girls players are welcome to attend. Below, you will find everything that you need to know, including a list of all of the clinic locations, dates, and times.

Registration

All players interested in attending the clinics should register with us. As a bonus for registering, you will be entered into a raffle for a chance to win one of four lacrosse sticks. We will select two boys and two girls. Winners will be announced on Monday, February 2nd.

Register here: <http://bit.ly/2014CityLaxWinterClinicPlayerRegistrations>

Inclement Weather Procedure

With the exception of Forest Hills HS and Curtis HS, all of our clinic locations have gym access. If the weather forecast or existing conditions on the morning of the clinic indicate a question on whether or not we can play (severely cold temps, torrential downpour, lightning/thunder, and/or snow/ice on fields or roadways, the Staten Island Ferry is not running), we will use the following system to communicate a decision of “go” or “no go” at least 90 minutes before the clinic start time:

- 1) The CityLax Weather Hotline: (212) 613-5466
- 2) An announcement on our Facebook page: www.facebook.com/CityLax

Eligibility

In order to participate, each player will need a full set of equipment, and to have already turned in the following:

- PSAL Medical Form: <http://bit.ly/PSALMedicalForm>
- PSAL Parent Consent Form: <http://bit.ly/PSALParentConsentForm>



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The Clinics

The Bronx: Christopher Columbus HS

- Type: Gym or Turf (*depending on weather*)
- Dates (All Saturdays):
 - December: 6th, 13th, 20th
 - January: 10th, 17th, 24th
- Address: 925 Astor Ave Bronx, NY 10469
- Nearest Subways:
 - 2 or 5 to Pelham Parkway
- Time:
 - Boys: 9am-10:30am
 - Girls: 10:30pm-12pm

Brooklyn: James Madison HS

- Type: Gym
- Dates (All Sundays):
 - December 7th, 14th, 21st
 - January: 11th, 18th, 25th
 - February: 1st, 8th
- Address: 3787 Bedford Ave, Brooklyn, NY 11229
- Nearest Subways: B or Q to Kings Highway
- Time:
 - Boys: 10am-12pm
 - Girls: 12pm-2pm

Staten Island: Curtis HS

- Type: Gym or Turf (*depending on weather*)
- Dates (All Sundays):
 - December: 7th, 14th, 21st
 - January: 11th, 18th, 25th
 - February: 1st, 8th
- Address: 105 Hamilton Ave, Staten Island, NY 10301
- Nearest Subways: 1 to South Ferry Loop for 8:30am Staten Island Ferry departing from Whitehall Terminal, or Staten Island Railway to St. George.
- Time:
 - Boys & Girls: 9:30am-11:30am



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Manhattan: Frederick Douglas Academy

- Type: Gym or Parking Lot (*depending on weather*)
- Dates (All Sundays):
 - December: 7th, 14th, 21st
 - January: 11th, 18th, 25th
 - February: 1st, 8th
- Time:
 - Boys: 10am-12pm
 - Girls: 12pm-2pm
- Address: 2581 Adam Clayton Powell Jr Blvd New York, NY 10039
- Nearest Subways:
 - 3 to 148th Street

Queens: Forest Hills HS

- Type: Turf (Outdoors)
- Dates (All Sundays):
 - December: 7th, 14th, 21st
 - January: 11th, 18th, 25th
 - February: 1st, 8th
- Time:
 - Boys: 10:30am-12:30pm
 - Girls: 12:30pm-2:30pm
- Address: 67-01 110th St Queens, NY 11375
- Nearest Subways: E, M, or R to 67th Ave