THE MISSION OF THE PUBLIC SCHOOLS ATHLETIC LEAGUE IS TO PROVIDE OPPORTUNITIES FOR EDUCATING STUDENTS IN PHYSICAL FITNESS, CHARACTER DEVELOPMENT AND SOCIALIZATION SKILLS THROUGH AN ATHLETIC PROGRAM THAT FOSTERS TEAMWORK, DISCIPLINE AND SPORTSMANSHIP.

WHAT WE DO

- Coordinate interscholastic competition for all New York City Public High Schools
- Provide athletic opportunities in 25 varsity sports for more than 45,000 student-athletes from over 400 member schools
- Educate students in physical fitness, character development and socialization skills through coaching and athletic clinics

SPORTS WE OFFER

- Badminton
- Baseball
- Basketball
- Bowling
- Cricket
- Cross Country
- Double Dutch
- Fencing
- Flag Football
- Football
- Golf
- Gymnastics
- Handball
- Indoor Track
- Lacrosse
- Outdoor Track
- Rugby
- Soccer
- Softball
- Stunt
- Swimming
- Table Tennis
- Tennis
- Volleyball
- Wrestling

HOW THE PSAL CAN BENEFIT YOUR CHILD

- Provide an opportunity for physical fitness
- Foster responsibility, discipline, teamwork and sportsmanship
- A safe environment to meet new people and learn new skills
- Offer opportunities for student-athletes to receive college scholarships
- www.psal.org - All student-athletes statistics, achievements, team records and other useful information are highlighted on our website
- NEW — PSAL - NYC is the official app of NYC Public High School sports featuring: scores, stats, standings and more! Available on the app store

Log on to www.psal.org for more information on New York City Public High School Sports.

All PSAL staff and individual school staff administration (Principals, Athletic Directors and Coaches) contact information can be located on our website.