

KEEP HER IN THE GAME

PRESENTED BY

HSS

As the world's leading academic medical center focused on musculoskeletal health, it is part of Hospital for Special Surgery's mission to enable young female athletes to continue in sports. Studies have shown that girls are dropping out of sports at 1 ½ the rate that boys do by the age of 14, and by 17, more than half of girls will quit sports altogether.

In an effort to encourage and empower girls to continue in sports, HSS has partnered with espnW to create "**Keep Her in the Game**," a day-long conference featuring distinguished females from various disciplines in the sports industry.

Throughout the day, girls and their coach or parent will hear from sports physicians, ESPN talent, current and former pro athletes, motivational speakers, nutritionists and more.



WHEN: Saturday, March 30th from 9:00am – 3:00pm • Continental breakfast and lunch to be served

WHO: Young female athletes and a parent or coach

WHAT: Motivational speakers, panel discussions, yoga instruction, and more thought leadership to enable young girls to stay in sport

- **Panel 1 – Sports health & wellness**
- **Panel 2 – Supporting the Female Athlete:** how professional female athletes were set up to become successful in their sport, and how we can create an environment that empowers young girls to stay in sports
- **Panel 3 – Keep Her in the Game:** options for girls to stay in sports other than going pro

WHERE: HUB 17 at the Lululemon store on 5th Ave & 17th St., New York, NY

CONTACT: Jessica Podell (podellj@hss.edu) for details to attend.

CONFIRMED APPEARANCES BY:

Dr. Lisa Callahan:

Primary Care Sports Medicine Physician, co-founder of the Women's Sports Medicine Center at HSS, Chief Medical Officer of Madison Square Garden Sports

Dr. Ellen Casey:

Physiatrist, Team Physician for US Gymnastics

Antonieta "Toni" Collins:

SportsCenter News Anchor, ESPN

Dr. Marci Goolsby:

Primary Care Sports Medicine Physician, former college basketball player, Team Physician for New York Liberty and US Biathlon

Dr. Jo Hannafin:

Orthopedic Surgeon, co-founder of the Women's Sports Medicine Center at HSS, former rower for USRowing, Team Physician for New York Liberty and USRowing

Ann Rodriguez:

Former COO of the WNBA, former Princeton lacrosse player

Crista Samaras:

Inventor, inspirational speaker, record-setting lacrosse player

Dr. Daphne Scott:

Primary Care Sports Medicine Physician, Team Physician for Westchester Knicks, Orthopedic Consultant for UFC

Avital Shimko:

World Cup skier, US Ski team

Heidi Skolnik :

Sports nutritionist, oversees Performance Nutrition at Juilliard and School of American Ballet, former Team Nutritionist to New York Mets, New York Giants and New York Knicks

Dr. Karen Sutton:

Orthopedic Surgeon, former Duke lacrosse player, Team Physician for US Ski & Snowboarding, Head Team Physician for US Lacrosse, Chief Medical Officer for the Federation of International Lacrosse

Jenisha Watts:

Associate Editor, ESPN