The NYC Mayor's Cup Cross Country Championships will bring together New York City's best high school cross country runners from the Public Schools Athletic League (PSAL), the Catholic High School Athletic Association (CHSAA) and the independent schools (AAIS) as they compete for the title of "Best in the City."

2013 NYC Mayor's Cup Cross Country Flyer

Venue:
Van Cortlandt Park
Across from 6121 Broadway
Bronx, NY 10471

Schedule:
2:00 P.M. – Freshman Boys Group 1
2:15 P.M. – Freshman Girls Group 1
2:30 P.M. – Freshman Boys Group 2
2:45 P.M. – Freshman Girls Group 2
3:05 P.M. – Varsity Boys
3:20 P.M. – Varsity Girls
3:45 P.M. – Championship Boys
4:00 P.M. – Championship Girls
4:20 P.M. – Junior Varsity Boys
4:40 P.M. – Junior Varsity Girls

Event Website
The most up-to-date information regarding the event including photos, videos, pole positions and news articles can be found at Facebook.com/NYCMayorsCup.

Eligibility
The NYC Mayor’s Cup Cross Country Championships are open to all high school runners who compete for CHSAA, PSAL and AAIS schools (on the Commissioner’s Regulations list) that are located in New York City.

Roster Deadline
The roster deadline for all non PSAL schools is noon on Tuesday, September 24th, 2013. Rosters must be e-mailed to SIRunning@aol.com.

Freshman Races
Entry is unlimited and there is no minimum number required for students to compete. The field will be equally divided after entries close and schools will be placed in races to insure quality competition. Only the first five finishers from a school will score. Others will displace. The freshman race distance is 1.5 miles.

Varsity Race
Open to teams that did not qualify for the Championship Race. In order to be eligible for the team award
school must have at least five runners finish the course. There is an entry limit of seven runners per school. The varsity race distance is 2.5 miles.

**Championship Race**
This race is required for each of the league’s top finishers from the 2012 cross country season. Below is the list of schools that are required to compete. All other teams that wish to enter this race must send an appeal to dburnett@schools.nyc.gov by noon on **Tuesday, September 24th, 2013**. This is a team championship race, therefore a school must have at least 5 runners on the line in order to start the race and there is a maximum of 7 runners allowed per school. The championship race distance is 2.5 miles.

**Required Teams for Boys Championship Race**
PSAL: Bronx Science, Stuyvesant, Midwood, Thomas Jefferson, Curtis, Brooklyn Tech, MSIT, Fiorello LaGuardia, Susan Wagner, Francis Lewis
CHSAA: Monsignor Farrell, Xavier, Regis, Fordham Prep, St. Peters, Archbishop Molloy, Xaverian
Independent: Collegiate, Trinity, Packer

**Required Teams for Girls Championship Race**
PSAL: Curtis, Port Richmond, Benjamin Cardozo, Townsend Harris, Brooklyn Tech, MSIT, Susan Wagner, Stuyvesant, Bronx Science, Tottenville
CHSAA: St. John Villa, Notre Dame, Archbishop Molloy, St Francis Prep, St. Joseph Hill, Mary Louis Academy, Bishop Ford
Independent: Nightingale, Marymount, Brearley

**Junior Varsity Race**
Open to those schools that started a seven person team in either the championship or varsity races. Entry is unlimited. The first five runners from a school will score, the others will displace. The junior varsity race distance is 2.5 miles.

**Awards**
Medals will be presented to the top three individual finishers in each event. Medals will also be given to the top five finishers from each of the teams that finish in first, second or third place in each event. The winning team from the Championship division will receive the NYC Mayor’s Cup, and the 2nd- and 3rd-place teams will receive plaques.

**Uniforms and Numbers**
Each athlete will be assigned a roster number on the day of the meet. All athletes should wear their high school uniforms.

**Contacts**
NYC Mayor’s Cup: info@nycmayorscup.com
Dwayne Burnett (PSAL): dburnett@schools.nyc.gov
Lou Vazquez (CHSAA): louis.vazquez@parks.nyc.gov
George Calano (AAIS): gcalano@collegiateschool.org

The NYC Mayor’s Cup is a series of sporting events crowning the “Best in the City.” Athletes of all ages and from across all five boroughs compete year-round to prove they’re New York City’s best at baseball, lacrosse, outdoor track & field, basketball, softball, soccer, cricket, chess, table tennis, cross country and wrestling.
Results, pictures and highlights from the NYC Mayor's Cup Cross Country Championships and all other NYC Mayor's Cup events throughout the year will be posted on the NYC Mayor's Cup website facebook.com/nycmayorscup