

New York Track & Field Coaching Clinic

BSN SPORTS™
TRACK & FIELD

FREE Coaching Education Day

St. John's University
March 17th 2018 10:00AM-4:30PM
8000 Utopia Pkwy, Jamaica, NY 11439

[RSVP HERE: NY Coaching Clinic](#)



Schedule & Speakers:

10:00am: **Opening/Welcome-** BSN Sports/ Jason Mollison

10:15am:**Dr. Leslie Dreifus-** Proper Warm up/Injury Prevention

Diplomat of the American Board of Sports Chiropractic Practitioners

10:45am:**Robert Hackett-** Strength & Conditioning

3-time USA Olympic Qualifier, NCAA Champion

11:15am:**Ronald Edmunson-** Jumps

Assistant Jump Coach: LIU Brooklyn

12:00pm: **Lunch**

1:00pm: **Richard Jones-** Sprints

Assistant Sprint Coach: OSU

1:45pm: **Jim Hurt-** Distance Training

Head Coach: St. John's College (29th Year)

2:15pm: **Rohan Grant-** Training Program/Practice Planning

Managing Partner: MAVERIC Performance LP

2:45pm: **“Learn by Doing”**

3:15pm- **Q/A with Happy Hour**

4:30PM- **END**

Robert Hackett **Organizer**

Robert Hackett's professional strength and conditioning experience spans over 20 years with the Vancouver Grizzlies, Memphis Grizzlies, Dallas Mavericks (2011 NBA Champions), Milwaukee Bucks. Prior to working in the NBA, Hackett designed and directed the strength and conditioning programs at the University of Wisconsin for the school's men and women basketball, football (1993 Rose Bowl Champs) and track teams. He has extensive experience in testing, teaching, and coaching athletes. He also served as an assistant track coach for three years for the Badgers. Hackett is a graduate of Wisconsin with a bachelor's degree of science. While at Wisconsin, he competed as a sprinter on the badger track team, where he was a three – time USA Olympic Trial Qualifier and NCAA Champion; competed in the 100 and 200 meters.



RSVP here: Milwaukee Track/Field Coaching Clinic