

PHYSICAL THERAPY

Professional Physical Therapy

<https://www.professionalpt.com/>



PSAL Coordinators:

Erinn Bradley, MA, ATC

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Ivan Mak, ATC

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imak@professionalpt.com

Scheduling an Appointment:

1. Call the PSAL coordinator and inform them that you are a PSAL athlete in need of physical therapy or initial consultation as well as your preferred office or borough location (below)
2. Please bring the following documentation to your appointment:
 - a. **Parent/Guardian must attend initial consultation if athlete is a minor**
 - b. Parent/Guardian Insurance Information
 - c. P.S.A.L. Insurance form signed by athletic director and guardian (insert hyperlink)
 - d. Physical Therapy prescription from a doctor (not required for the initial evaluation)

Bronx, Brooklyn, and Queens

Hutchinson Metro Center 1250 Waters Place, Suite 1205	Bayside/White stone 21-42 Utopia Parkway	Glendale 8989 Union Turnpike	Kew Gardens 80-02 Kew Gardens Road, 4 th Floor	New Hyde Park 270-03 Hillside Avenue	Brooklyn Heights 185 Montague St, 2 nd floor	Marine Park 2048 Flatbush Avenue
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Lower Manhattan

Broad Street 30 Broad St, 12 th floor (at Exchange Place)	Brookfield Place 225 Liberty St, 2 nd Floor (inside Equinox)	Chelsea 552 6 th Avenue	City Hall 225 Broadway, Suite 2120	E. 4th Street 88 E 4 th St	Gramercy Park 115 East 23 rd St	SoHo 552 Broadway	TriBeCa 54 Murray St (Inside Equinox)	Union Square 32 Union Square East, 3 rd Floor	Wall Street 14 Wall Street (inside Equinox)
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Midtown Manhattan

Fifth Avenue 521 5 th Ave	Grand Central 420 Lexington Ave (inside Equinox)	Madison Avenue 33 E. 49 th St, 6 th floor	Midtown 16 E. 52 nd St, 6 th floor	Murray Hill 461 Park Ave South, 11 th floor	Sutton Place 240 E 54 th St (inside Blink fitness)	Penn Plaza 127 W 30 th St (inside Blink Fitness btw 6 & 7 Aves)	West 52nd Street 333 West 52 nd Street, Suite 801
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Upper Manhattan

East 77th Street 170 E 77 th St, Unit 2	East 84th Street 244 E 84 th st, 3 rd floor	East 87th Street 177 E 87 th St, Suite 303	Columbus Circle 10 Columbus Circle @ 60 th st (inside Equinox)	West 71st Street 211 West 71 st Street	West 72nd Street 162 West 72 nd Street, 4 th Floor	West 92nd Street 2465 Broadway (Inside Equinox)	West 96th Street 132 W 96 th Street, Suite 1A
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Additional Information:

The Certified Athletic Trainers and Physical Therapists of Professional Orthopedic and Sports Medicine are here to not only evaluate and rehabilitate injuries; we are here to PREVENT injuries. We have an extensive lecture series targeted toward athletes, coaches and parents in the areas of sports medicine and injury prevention. Please call to set up your complimentary lectures. In addition we also have qualified Strength and Conditioning Specialists who may offer advice and lectures in the area of Strength Training and Speed and Agility Training.