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MEMORANDUM

TO:

Principals

Athletic Directors

FROM:

Donald J. Douglas

DATE:

September 7, 2012

SUBJECT:

PSAL Concussion Policy

Concussion management is our primary health concern for the 2012-13 school year. In order to ensure student-athlete safety the PSAL created the PSAL Concussion Policy. Many, if not all, PSAL Fall season coaches have completed the mandatory PSAL Concussion Policy course. Additional PSAL Concussion Policy course dates and times will be posted on the new www.PSAL.org website this week. In conjunction with the PSAL Concussion Policy, New York State also mandates that coaches must complete an online "Heads UP" training course through the Center for Disease Control (CDC) website (more information and a link will follow). The "Heads Up" online course is a one-hour web based course, which must be completed by all PSAL coaches by November 8, 2012.

http://www.cdc.gov/concussion/HeadsUp/youth.html

Both the "Heads Up" web based course and the PSAL Concussion Policy course must be completed by all PSAL coaches. The "Heads Up" training course must be completed every two years in order to maintain concussion "certification".

Upon completion of the "Heads Up", training course each individual coach will receive a printed certificate of completion. A copy of the certificate must be sent to the PSAL office and the original must be kept with the Athletic Director in the school that you coach at.

DJD/jm